



# LONDON SCOTTISH



## LONDON SCOTTISH SUMMER RUGBY CAMP AUGUST 24th, 25th & 26th

### RUGBY CAMPS

Our courses have been designed with the modern game in mind. They focus on all round player development: looking at individual positional skills right the way through unit skills and into game tactics ... all served up with a good dose of fun!

### THE BEST COACHING

Professional coaches design our camps which are then delivered by a mix of RFU, LSFC Senior Coaching Staff and LSFC players. You'll learn all the latest techniques and skills from the very cutting edge of the game. Conditioning coaches will also be on hand with tips on how to get into shape for top flight rugby. Most importantly though, our camps are fun and game based for all to enjoy!

### COURSE INCLUDES

- Daily coaching from LSFC Senior Coaches
- Guest Appearances from LSFC 1st Team Players
- Q&A session with LSFC head coach Simon Amor
- 3 days of quality rugby enjoyment

### BOOKING AND COURSE DEATILS

Courses are open to players aged 6-16. Arrive 9.30 for registration. Days finish at 3pm. Players will require a full change of sporting clothes and a packed lunch. Early booking is highly recommended as places are limited. £25 for a single day but discounted rate of £20 per day when booking a full course in advance (£60 for 3 days).

### TO BOOK YOUR PLACE:

**By telephone** call the LSFC office on 0208 9408289

**Be email** download the course application form from our website and send it to [charlotte.irvine@londonsscottish.com](mailto:charlotte.irvine@londonsscottish.com)

**By post or in person** by filling in the application form on the reverse of the flyer (downloadable from the website) and returning it to Rugby Camps, London Scottish, The Athletic Ground, Kew Foot Road, Richmond, Surrey, TW9 2SS.

For any course related queries email: [charlotte.irvine@londonsscottish.com](mailto:charlotte.irvine@londonsscottish.com) [www.londonsscottish.com](http://www.londonsscottish.com)

London Scottish, Richmond Athletic Ground, Kew Foot Road, Richmond, Surrey, TW9 2SS

RFU Fully Qualified Coaches



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